

## Nutritional facts Spitfire Energy

voedingswaarden / Nährwerte / valeurs nutritionnelles / valores nutricionales / valori

Per / Pro / Par / Por	100g	10g
Energy / Energie / Energia	198 kcal	19,8 kcal
	829 KJ	82,9 KJ
Total Fat / Vet / Fett / Lipides / Grasa / Grassi	0 g	0 g
- Saturated fatty acids / Verzadigde vetzuren / Gesättigte Fettsäuren / Acidos gras saturés / Ácidos grasos saturados / Acidi grassi saturati	0 g	0 g
Carbohydrates / Koolhydraten / Kohlenhydrate / Glucides / Carbohidratos / Carboidrati	31 g	3,1 g
- Sugar / Suiker / Zucker / Sucre / Azucar / Zucchero	15 g	1,5 g
Dietary Fiber / Voedingsvezels / Ballaststoffe / Fibres / Fibre	4 g	0,4 g
Protein / Proteïne / Eiweiß / Protéines / Proteina / Proteine	21 g	2,1 g
Salt / Zout / Salz / Sel / Sal / Sale	4 g	0,4 g

## INGREDIENTS - INGREDIËNTEN - ZUTATEN - INGRÉDIENTS - INGREDIENTES - INGREDIENTI

**BrainAmino®** (L-Phenylalanine, L-Tyrosine, 2-dimethylamino-ethanol, Choline bitartrate, Alpha GPC), **Spitfire Take-off®** (L-Taurine, Caffeine (150mg per serving), L-Theanine, Ginseng extract, Guarana extract, Rhodiola rosea extract), **Gaming vitamins®** (24 vitamins and minerals: see vitamin table), **Firefocus®** (Magnesium Citrate, Magnesium glycinate, Magnesium taurate), **Victory C®** (L-Ascorbic acid, Calcium ascorbate, Citrus bioflavonoids).

## Other ingredients / overige ingrediënten / weitere Inhaltsstoffe / autres ingrédients / otros ingredientes / altri ingredienti:

Maltodextrin, Dextrose, Aroma, Silicium dioxide (anti-caking agent), Sodium/Natrium chloride, Citric acid (acidulant). Natural colorants / kleurstoffen / Farbstoffe / colorants / colorantes / coloranti: Beta vulgaris root extract, beta-Carotene. **Spitfire Boost+®** (Piperine: P. nigrum fruit extract, Pyridoxine). Sucralose (sweetener / zoetstof / Süßstoff / édulcorant / edulcorante / dolcificanti).

Vitamins & minerals	Per / Pro / Par 10 g	%RDA*
Vit. A	88,89 mcg	11%
Vit. B1	0,12 mg	100%
Vit. B2	0,16 mg	10%
Vit. B3	1,78 mg	110%
Vit. B5	0,67 mg	11%
Vit. B6	0,16 mg	11%
Vit. B11	22,22 mcg	11%
Vit. B12	5,6 mcg	200%
Vit. C	130 mg	162%
Vit. D3	10 mcg	100%
Vit. E	1,33 mg	11%
Biotine / Biotina	5,56 mcg	11%
Vit. K	8,33 mcg	11%
Zink / Zinc / Zinco	1,11 mg	11%
Copper / Koper / Kupfer / Cuivre / Cobre / Rame	0,11 mg	11%
Iodine / Jodium / Jod / Iode / Yodo / Iodio	16,67 mcg	11%
Selen / Selenium / Sélénium / Seleen / Selenio	6,11 mcg	9%
Manganese / Mang(a)an / Manganèse / Manganeseo	0,22 mg	9%
Chrome / Chroom / Chrom / Cromo	4,44 mcg	11%
Calcium / Kalzium / Calcio	88,89 mg	9%
Phosphor / Fosfor / Phosphore / Fósforo / Fosforo	77,78 mg	11%
Potassium / Kalium / Potasio / Potassio	1300 mg	33%
Iron / IJzer / Eisen / Fer / Hierro / Ferro	1,56 mg	11%
Magnesium / Magnésium / Magnesio	200 mg	66%

**EN** - \*RDA = Recommended Dietary Allowance.

**NL** - \*RDA = Aanbevolen dagelijkse hoeveelheid.

**DE** - \*RDA = Empfohlene Tagesdosis.

**FR** - \*RDA = Apport journaliers recommandés.

**ES** - \*RDA = Cantidad diaria recomendada.

**IT** - \*RDA = Dose giornaliera raccomandata.

The logo for Spitfire Energy features the brand name in a bold, stylized, black font. 'SPITFIRE' is written in a larger, more jagged font above 'ENERGY', which is in a slightly smaller, blocky font. The letters are interconnected, giving it a dynamic and energetic appearance.